

CafeHimalaya

Please alert your server of any allergies prior to ordering

Most dishes include ginger, garlic, onion, tomatoes, cilantro etc.

*Spice level can be altered to your preference.

Mild, Medium, Spicy

*V = Vegan *G = Gluten Free

SOUPS

- 1. Dal (V,G)**.....\$4.99
Lightly spiced lentil soup
- 2. Thang(V,G)**.....\$4.99
Clear broth soup w/ tofu, bean thread noodles & spinach
- 3. Teyma Thang(V,G)**.....\$5.99
A nourishing bean soup w. mixed vegetables
- 4. Chasha Thang(G)**.....\$5.99
Clear broth soup w/ shredded chicken, peas, corn, spinach & bean thread noodles
- 5. Ruthang Momo**.....\$5.99
Mini beef/chicken dumpling soup w/ bean thread noodles
- 6. Ashom Thang(V,G)**.....\$5.99
Pureed corn soup

VEGETARIAN ENTREES

- 12. Tsel Momo (8 pcs) (V)**.....\$10.99
Himalayan-style veggie dumplings (steamed or panfried)
- 13. Shogok Momo Takpa (8 pcs)(V)**.....\$10.99
Himalayan-style potato dumplings (steamed or panfried)
- 14. Aloo Khatsa(V)**.....\$10.99
Spicy Himalayan style seasoned potatoes served w/Indian bread
- 15. Thukpa**.....\$11.99
Traditional Tibetan egg noodle soup w/mushrooms, tofu & fresh vegetables
- 16. Tsel Gyathuk Ngopa**.....\$11.99
Sauteed egg noodles w/fresh vegetables & tofu
- 17. Tsel Gyathuk Takpa**.....\$12.99
Pan-fried crispy egg noodles topped w/vegetables & tofu
- 18. Tsel Dey Ngopa(G)**.....\$11.99
Himalayan-style fried rice w/peas, corn, carrots & tofu
- 19. Chili Dofu(V,G)**.....\$13.99
Tofu sauteed w/onion & bell-peppers in spicy tomato sauce. w/rice
- 20. Tsel Phing(V)**.....\$13.99
Bean thread noodles sauteed with cabbage, carrot, peas & spinach. w/Indian bread
- 21. Tsel Dofu(V,G)**.....\$13.99
Tofu sauteed w/cabbage, carrots, bell-peppers & spinach. w/rice
- 22. Tsel Shesha(V, G)**.....\$13.99
Sauteed mushroom, broccoli, zucchini, carrots & spinach. w/rice
- 23. Tsel Ngotse(V,G)**.....\$13.99
Sauteed Indian squash (tinda). w/dal & rice
- 24. Tsel Howa(V,G)**.....\$13.99
Tibetan style mixed vegetable curry w/bean thread noodles & tofu. w/rice
- 25. Butternut squash chilly(V,G)**.....\$13.99
Spicy Butternut squash sauteed w/onions & bell-peppers. w/rice

SALADS

- 7. Tangtsel(V,G)**.....\$6.50
Himalayan coleslaw w/cabbage, carrots, peas & bean thread noodles in sesame oil dressing
- 8. Shogok Khatsa(V,G)**.....\$6.50
Spicy potatoes & peas cooked Himalayan-style in sesame dressing
- 9. Avocado Salad(V,G)**.....\$7.50
Himalayan-style potatoes w/ avocado & chickpeas
- 10. Himalayan Khatsa(V,G)**.....\$7.50
Spicy potatoes w/ cauliflower, peas & tofu
- 11. Black Chana Salad(V,G)**.....\$7.50
Spicy protein rich black chickpeas & potatoes

NON-VEG

- 26. Sha Momo (8 pcs)**.....\$11.99
Traditional Tibetan beef dumplings (steamed or panfried)
- 27. Chasha Momo (8 pcs)**.....\$11.99
Himalayan-style chicken dumplings (steamed or panfried)
- 28. Sha Thukpa**.....\$12.99
Traditional Tibetan noodle soup w/vegetables (Beef/Chicken/Shrimp)
- 29. Gyathuk Ngopa**.....\$12.99
Sauteed noodles w/ fresh vegetables (Beef/Chicken/Shrimp)
- 30. Gyathuk Takpa**.....\$13.99
Pan-fried crispy noodles topped w/vegetables (Beef/Chicken/Shrimp)
- 31. Shendey Ngopa**.....\$12.99
Himalayan-style fried rice (Beef/Chicken/Shrimp)
- 32. Chasha Shamdey(G)**.....\$13.99
Himalayan-style chicken curry w/potatoes. w/rice
- 33. Luksha Shamdey(G)**.....\$15.99
Himalayan-style lamb curry w/ potatoes. w/rice
- 34. Phingsha(G)**.....\$14.99
Clear bean thread noodles sauteed with cabbage, carrot & peas (Beef/Chicken) w/Indian bread
- 35. Sha Ngotsel(G)**.....\$14.99
Sauteed Indian squash (tinda) w/dal & rice (Beef/Chicken)
- 36. Sha Howa(G)**.....\$14.99
Mixed vegetable curry w/bean thread noodles cooked Tibetan style (Beef/Chicken)
- 37. Sha Dofu(G)**.....\$14.99
Fresh tofu sauteed w. cabbage, carrot, bell peppers & spinach (Beef/Chicken) w/rice
- 38. Sha Shesha(G)**.....\$14.99
Fresh mushroom, broccoli, zucchini & spinach (beef/chicken/shrimp). w/rice
- 39. Chili Chicken(G)**.....\$15.99
Crispy chicken w/onions & bell-peppers in spicy tomato sauce. w/rice
- 40. Chili Shrimp(G)**.....\$15.99
Shrimp w/onions & bell-peppers in spicy tomato sauce. w/rice
- 41. Shapta(G)**.....\$15.99
Traditional Tibetan spicy beef sauteed w. ginger, garlic, onion & bell-peppers. w/rice

SIDE ORDER

White Rice / Brown Rice.....	\$3.00
Paratha (Indian layered bread)	\$3.00
Hot Sauce.....	\$4.99

DESSERT

Ice Cream.....	\$5.99
<i>Coconut or Green-tea</i>	
Deysee.....	\$5.99
<i>Warm Tibetan-style sweet rice & raisin pudding w/ yogurt</i>	

BEVERAGES

Lassi (plain yogurt shake).....	\$4.50
Mango Lassi.....	\$4.99
Banana Lassi.....	\$4.99
Chai Tea Blended Cold.....	\$4.99
Thai Ice Tea, Thai Ice Coffee (16 oz)	\$4.50
Regular Ice Tea.....	\$3.50
Ice Lemonade.....	\$3.99
Hot Coffee.....	\$2.00
Hot Chai Spice.....	Small \$2.50/ Large \$3.00
Assorted Hot Tea (Chamomile, Peppermint, Green tea, Black tea).....	\$2.00
Bocha Tibetan Tea (w/butter, salt & milk).....	\$2.00
Fresh Ginger Tea.....	Hot \$3.50 / Cold \$4.50
Homemade Darjeeling Tea (w/milk & sugar).....	\$2.99
Soda(Coke, Diet Coke, Ginger Ale).....	\$2.00

SMOOTHIES \$5.99

(With yogurt)

Add protein powder for \$1

Tropical Sun

Mangoes, lychee, yogurt & orange juice

Mango Island

Mangoes, bananas, yogurt & orange juice

Peach Lover

Fresh peaches, bananas, yogurt & orange juice

Coconut Dream

Coconut ice cream blended w/milk

Mixed Berry

Strawberries, raspberries, blueberries, yogurt & orange juice

BEER & WINE

White Wine \$6.50 Glass/ \$24 Bottle
Pinot Grigio, Riesling, Chardonnay

Red Wine \$6.50 Glass/ \$24 Bottle
Merlot, Pinot Noir, Cabernet Sauvignon

Beer \$5.99 each
Sapporo, Heineken, Stella, Corona, Goose Island IPA

CUSTOMER PRICING NOTICE

A 4% customer service charge is applied to all store sales.

CASH DISCOUNT: As an incentive for customers, we now provide a discount to pay with cash by giving a 4% immediate discount on the service charge.

THANK YOU!

Find us at @cafehimalaya_nyc